



Senior BRAG Sheet 2026-2027

This BRAG sheet is a way for you to help your counselors write a letter of recommendation. It will give insights into who you are as a student at LACHSA and who you are outside of the school and in the community. These questions are intended to help me better understand how you think about yourself in relation to the colleges to which you will apply.

Your answers will be kept confidential.

HIGHLY RECOMMENDED: WRITE YOUR RESPONSES ON A WORD OR GOOGLE DOC AND THEN COPY AND PASTE YOUR ANSWERS INTO THE DOCUMENT.

You do not have to answer all the questions on this page, however, the more information you provide, the stronger our letter will be on your behalf.

Questions concerning your BRAG Sheet can be emailed to your designated counselor:

A – K- Mrs. Echanique (Echanique_Abby@laoe.edu)

L – Z- Mr. Baumann (Baumann_Greg@laoe.edu).

To submit your form, please click the following link and select your assigned counselor.

Mrs. Echanique – <https://forms.gle/C9jnQgqem9iHXv467>

Mr. Baumann - <https://forms.gle/EyVwBMcTuUgZtLcA8>

Please answer the following questions:

1. List 3 adjectives that best describe you.
2. What academic skills have you demonstrated in high school that provide evidence (prove) that you will be successful in college?
3. Give an example of one particularly difficult challenge or set back you faced in school or in life. Describe how you overcame it and what that experience taught you about yourself.
4. Describe the high school project that you are most proud of. Why are you proud of that particular project?
5. What types of leadership role(s) have you had? What were your responsibilities? What type of leader are you?
6. List two awards or honors you are most proud of and describe why they were so important to you.
7. Give two examples of your volunteer experiences or work experiences or family responsibilities. Describe what you did and what those two experiences taught you about yourself. How do you see the world (and yourself) differently because of those experiences?
8. Is there anything else you would like me to mention in my letter of recommendation?